



# Stewart's CARING PLACE

CANCER WELLNESS CENTERS

## MAY – AUGUST 2026 PROGRAM GUIDE



### Thomas and Lisa Mandel Cancer Wellness Center

3501 Ridge Park Drive • Fairlawn, OH 44333  
330.836.1772

### Aunt Susie's Cancer Wellness Center

2813 Whipple Ave NW • Canton, OH 44708  
330.400.1215

[info@stewartscaringplace.org](mailto:info@stewartscaringplace.org) • [StewartsCaringPlace.org](http://StewartsCaringPlace.org)



## STAFF

Sarah Vojtek  
President & CEO

Susan Aylward  
Vice President

Andi Lamphier  
Business Manager

Becca McCarthy  
Marketing Manager

Joey Billman  
Operations Manager

Sarah Oaks  
Family & Child Life Specialist

Diane Dziewisz  
Participant Support Specialist

Maddie Ellsworth  
Participant Support Specialist

Tom Klein  
Participant Support Specialist

Jackie Fejedelem  
Volunteer Coordinator

Christine Milcetic  
Project Team Member

Joey Arrietta  
Community Outreach

## The Heart Behind Our Mission

As spring unfolds and summer approaches, we're reminded of the hope, renewal, and strength that guide every step of the cancer journey. At Stewart's Caring Place, we remain committed to walking beside anyone facing cancer, offering comfort, connection, and compassionate support when it's needed most. This season, we're also delighted to introduce Joey Billman, our Operations Manager at our Canton location. Joey brings a heartfelt dedication to service and a passion for creating a welcoming space for all who come through our doors. We're grateful to grow, serve, and shine together in the months ahead.



*Sarah Vojtek* **Sarah Vojtek, President & CEO**



Hi, I'm Joey! I'm truly honored to step into the role of Operations Manager here at Stewart's Caring Place, Aunt Susie's. From the moment I connected with this organization, it was clear that this community

is built on something very special — compassion, support, and genuine care for every person who walks through our doors.

My heart has always been rooted in helping people feel supported and cared for, so being part of a place that provides comfort and strength to individuals and families facing cancer means more to me than I can easily put into words.

In my role here at Aunt Susie's, my goal is to help create strong structure and consistency behind the scenes so that the incredible programs, services, and

connections that happen here can continue to grow and thrive for years to come. I believe that when operations run smoothly, it allows our mission to shine even brighter for the participants we serve.

You'll likely see me around the building getting to know many of you, learning how things work, and listening carefully to the ideas and experiences that make this place so meaningful. I'm excited to support our amazing staff, volunteers, and participants while helping strengthen the foundation that allows Stewart's Caring Place to continue expanding its impact in our community.

Thank you for welcoming me so warmly. I'm truly grateful to be part of this family, and I look forward to the work we will accomplish together.

With appreciation,

*Joey Billman*

**Joey Billman, Operations Manager**

**Programs and resources available at select locations. Contact us for more information.**

## Individualized Services

### Art Room

Doodling, drawing, painting, and crafting can be a therapeutic outlet to anyone, of any age, going through a cancer journey. Call us to schedule time in the Art Room during operating hours and use our materials to create something of your own.

### Child Life Specialist Consultations

Is your child or grandchild struggling to understand your cancer diagnosis or having difficulty coping with it? Schedule a consultation with our certified Child Life Specialist to help them navigate and process this journey and work through their emotions.

### Comunale Cancer Foundation Food Pantries\*

Our food pantries are here for participants who are facing food insecurity. Participants are welcome to pick up a food share while on site for other services. Please contact us for further details.

### Financial Consultations

Meet with a licensed professional to get questions answered in a personalized session. Most consultations are 45-60 minutes. Support people are encouraged to attend.

- **Bankruptcy:** Navigate the filing process and learn about financial options from a professional bankruptcy consultant.
- **Debt Management:** Learn about debt resolution strategies during a comprehensive family budget review.
- **Financial Planning:** Manage your 401k options, insurance information, retirement goals, and investments.

### Holistic Care

Individualized services available include reiki, massage, and small group yoga therapy.

- **Healing Touch:** A relaxing energy therapy that uses gentle touch to assist in balancing physical, emotional, mental, and spiritual well-being.
- **Massage:** Our practitioners provide gentle treatment that relieves muscular tension, increases circulation, and promotes a general sense of relaxation. Wearing comfortable clothing is recommended.
- **Reiki:** A therapeutic approach where the practitioner will use light touch of hands to deliver universal energy to an individual to help restore energy and balance.

### Individual and Family Counseling

Our team will connect you with opportunities for one-on-one counseling based on you or your family's unique needs. Give us a call to find out more.

### Legal Consultations

Meet with a licensed professional to get questions answered in a personalized session. Most consultations are 45-60 minutes. Support people are encouraged to attend.

- **Insurance:** Organize details related to health and life insurance, long-term care insurance, and Medicare planning with an independent insurance broker.
- **Social Security & Disability:** Gain a better understanding about social security and disability benefits.
- **Wills, Trusts, and Estate Planning:** Receive assistance with estate planning, wills, living wills, medical power of attorney, and trusts.

### Library

Visit our beautiful library during normal operating hours. We've got a little something for everyone.

### Prosthetics and Bra Fittings

Bras and prosthetics for Breast Cancer participants are available. A volunteer fitter will meet with you individually to ensure you leave with something that is comfortable! Please call to schedule an appointment for an in-person bra and/or prosthetic fitting.

### Wigs and Beauty

Wigs and other beauty accessories, such as hats, scarves, and comfort items, are available to help you maintain your outward self during the journey. Please call to schedule an appointment for an in-person wig fitting.

\*Comunale Cancer Foundation, a non-profit providing direct financial assistance to those impacted by cancer, is proud to sponsor our food pantries.

Programs and resources available at select locations. Contact us for more information.

## Holiday Closings

May 25  
July 3

## Beauty

### Color Street Nails

Pamper yourself with a salon-quality manicure in just minutes. No dry time, smudges, or streaks and lasts up to 10 days. 100% real nail polish, not stickers.

### Elana's Blessings Pampering Night\*

Feel great inside and out with a special self-care night at Stewart's. Featuring rotating stations that may include crafts, beauty, essential oils, and guided meditation. Registration is required.

## Connectivity and Friendship

### Book Club for Adults – Virtual Only

Stewart's will provide the books! Registration is required.

**May:** *The Gifts of Imperfection* by Brené Brown

**June:** *When the Body Says No: Exploring the Stress-Disease Connection* by Gabor Maté M.D.

**July:** *The Fun Habit: How the Pursuit of Joy and Wonder Can Change Your Life* by Mike Rucker PhD

**August:** *The Magic of Mindful Self-Awareness: How To Stop Overthinking, Clear Your Mind, and Be Happy (Almost) All the Time* by Matt Tenney

### "Just Yarning" Crochet & Knit Group

Learn to crochet or knit with skilled volunteers! Start by creating squares for a blanket, and after that, the possibilities are endless. Supplies are provided for first-time participants.

### Poetry is Life Restorative Writing Group – Virtual Only

Novice writers are welcome to freely share their life stories or cancer journey through the expressive form of prose and poetry, while embracing the friendship and conversation of fellow participants.

## Family Programs

### Summer Camp

Join us for summer fun at Stewart's! Children ages 4-10 can participate in summer crafts, colorful experiences, and unique outdoor activities. Registration is required.

9am-12pm, Tuesday-Friday

**June 23-26** Fall in Love with Fitness

**July 14-17** America's 250th Birthday Celebration

**August 4-7** The Great Outdoors

## Group Fitness and Betsy's Bliss Yoga

All fitness levels welcome! Wear comfortable clothing and bring your own yoga mat, water bottle, and weights, if desired.

### All Levels Yoga

A strengthening class for mobility, stability, and range of motion.

### Chair Yoga

A gentle type of yoga performed while seated. This program is especially appropriate for those looking to increase flexibility and range of motion without performing complicated poses. Choose a sturdy seat for ease of movement.

### Chair Yoga – Cancer Wellness Toolbox

Learn practical tools, breathing techniques, and essential oil benefits to assist with anxiety related to a cancer journey in a primarily chair-based yoga practice.

### Qigong

Qigong is a great way to stimulate the lymphatic system and restore energy. Standing or sitting, you will follow the instructor's simple movements of light tapping, pounding, swinging, and stretching.

### Strength Building

Use light hand weights to gradually regain muscle tone, core strength, and energy. Participate at your own comfort level by standing or remaining seated.

### Yoga for Balance & Mobility

Increase your personal energy flow with this basic yoga routine.

## Holistic Care

### Crystal Singing Bowls

Sound healing is a meditative practice that uses vibrations to induce a state of relaxation and promote a balanced mind-body connection. Wear comfortable clothing and bring your own yoga mat.

### Essential Oils

Learn about the benefits of incorporating essential oils into your daily routine. Presented by doTERRA.

### Guided Meditation

Our facilitator will guide you through a calming meditation that promotes relaxation, heightened energy, and greater awareness. These sessions can also help reduce stress and anxiety. Each session lasts between 30 minutes and one hour.

## Support Groups

Support groups encourage conversation and understanding for those who are newly diagnosed or in treatment, completed treatment, and anyone who is supporting a loved one in their cancer journey.

### Ann Amer Brennan Caregiver Support Group

Education and emotional support for those helping someone through any stage of their cancer journey. This group is open to caregivers only.

### Canton Cancer Connect

This group offers a safe space to discuss your cancer journey, whether you're celebrating successes or facing challenges. Our goal is to provide a supportive community where you can share your story and receive strength, guidance, and love from those who understand.

### Coping with Cancer Support Group

For individuals diagnosed with any type of cancer who are interested in participating in group discussions about coping strategies, approaches to navigating your cancer journey and building connections. This group is not recommended for Caregivers.

### Elana's Blessings Breast Cancer Support Group\*

Build your emotional support system with fellowship and breast health education in a caring and safe space to share experiences and concerns.

### Grief Support Group

An ongoing, supportive, and expressive space open to adults who are experiencing grief from a loss or a cancer diagnosis.

### Gynecologic Support Group

A safe space for those seeking to share experiences and build a support system with others who are diagnosed with gynecologic cancers.

### Inspiration for the Journey Support Group

A comforting space for sharing inspirational readings and stories, providing insight, encouragement, and reflection throughout the cancer journey.

### Lung Cancer Support Group

Receive support and education and join a larger conversation about the emotional and physical challenges of lung cancer.

### Prostate Cancer Support & Education Group

A speaker-led series providing education and support to assist in the prostate cancer diagnosis, treatment, and recovery process.




Be sure to visit  
[stewartscaringplace.org](http://stewartscaringplace.org)  
for pop up programming,  
community events,  
and more!

\*Elana's Blessings, a non-profit dedicated to helping improve the self-esteem and quality of life of women battling cancer, is proud to sponsor our Breast Cancer Support Group and Pampering Nights.

# May 2026






SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	<p>2</p> <p><i>Hope Walk</i></p>  <p>8:00am-10:00am ☺</p> <p>8:00am-8:45am Sunrise Yoga 📺</p> <p>9:00am-12:00pm 📺</p> <p>Register as an individual or gather a team to show your support in either Canton or Fairlawn.</p>
3	<p>4</p> <p>3:00pm Qigong 📺</p>	<p>5</p> <p>9:00am Yoga for Balance &amp; Mobility 📺</p> <p>12:00pm Guided Meditation 📺</p> <p>2:00pm Canton Cancer Connect ☺</p> <p>5:30pm Ann Amer Brennan Caregiver 📺</p> <p>5:30pm Coping with Cancer 📺</p> <p>5:30pm Gynecologic 📺</p>	<p>6</p> <p>4:00pm Strength Building 📺</p>	<p>7</p> <p>9:30am Inspiration for the Journey 📺</p> <p>11:00am Chair Yoga – Cancer Wellness Toolbox ☺</p>	<p>8</p> <p>10:00am Chair Yoga 📺</p>	<p>9</p> <p>10:00am Poetry is Life 📺</p>


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9:00am Yoga for Balance & Mobility  


10:30am Crystal Singing Bowls 

11:00am Just Yarning 


13

4:00pm Strength Building  

5:30pm Lung Cancer  

6:00pm Prostate Cancer  

14

11:00am Chair Yoga – Cancer Wellness Toolbox 



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9:00am Yoga for Balance & Mobility  


5:30pm Ann Amer Brennan Caregiver  

5:30pm Coping with Cancer  


5:30pm Elana’s Blessings Breast Cancer  


20

4:00pm Strength Building  

5:00pm Essential Oils 

21



9:30am Inspiration for the Journey 

11:00am Chair Yoga – Cancer Wellness Toolbox 

4:00pm Color Street 

5:30pm Grief  

22



10:00am Chair Yoga  



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9:00am Yoga for Balance & Mobility  

5:30pm Book Club for Adults  

27

4:00pm Strength Building  

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11:00am Chair Yoga – Cancer Wellness Toolbox 





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HOLIDAY  
CLOSED

**NOTES**

-  Fairlawn
-  Canton
-  Virtual
-  Registration Required

# June 2026







SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p><b>1</b> 3:00pm Qigong  </p>	<p><b>2</b> 9:00am Yoga for Balance &amp; Mobility   12:00pm Guided Meditation   2:00pm Canton Cancer Connect  5:30pm Ann Amer Brennan Caregiver   5:30pm Coping with Cancer   5:30pm Gynecologic  </p>	<p><b>3</b> 4:00pm Strength Building  </p>	<p><b>4</b> 9:30am Inspiration for the Journey  11:00am Chair Yoga – Cancer Wellness Toolbox  5:30pm Elana’s Blessings Pampering Night  </p>		<p><b>6</b> 10:00am Poetry is Life </p>
<p><b>7</b></p>		<p><b>9</b> 9:00am Yoga for Balance &amp; Mobility   10:30am Crystal Singing Bowls  11:00am Just Yarning </p>	<p><b>10</b> 4:00pm Strength Building   5:30pm Lung Cancer   6:00pm Prostate Cancer  </p>	<p><b>11</b> 11:00am Chair Yoga – Cancer Wellness Toolbox </p>	<p><b>12</b> 10:00am Chair Yoga  </p>	<p><b>13</b></p>

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9:00am Yoga for Balance & Mobility  


5:30pm Ann Amer Brennan Caregiver  

5:30pm Coping with Cancer  


5:30pm Elana's Blessings Breast Cancer  


17


4:00pm Strength Building  

5:00pm Essential Oils 

18

9:30am Inspiration for the Journey 



11:00am Chair Yoga – Cancer Wellness Toolbox 



4:00pm Color Street 

5:30pm Grief  

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11:00am All Levels Yoga  

12:00pm Guided Meditation  





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9:00am-12:00pm Summer Camp    
Fall in Love with Fitness

9:00am Yoga for Balance & Mobility    
5:30pm Book Club for Adults  

24






9:00am-12:00pm Summer Camp    
Fall in Love with Fitness

4:00pm Strength Building  

25







9:00am-12:00pm Summer Camp    
Fall in Love with Fitness

11:00am Chair Yoga – Cancer Wellness Toolbox 

26



9:00am-12:00pm Summer Camp    
Fall in Love with Fitness



10:00am Chair Yoga  

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













9:00am Yoga for Balance & Mobility  

NOTES

-  Fairlawn
-  Canton
-  Virtual
-  Registration Required

# July 2026



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<p><b>1</b></p> <p><b>4:00pm</b> Strength Building  </p>	<p><b>2</b></p> <p><b>9:30am</b> Inspiration for the Journey </p> <p><b>11:00am</b> Chair Yoga – Cancer Wellness Toolbox </p>	<p><b>3</b></p> <hr/> <p><b>HOLIDAY CLOSED</b></p> <hr/>	<p><b>4</b></p>
<p><b>5</b></p>	<p><b>6</b></p> <p><b>3:00pm</b> Qigong  </p>	<p><b>7</b></p> <p><b>9:00am</b> Yoga for Balance &amp; Mobility  </p> <p><b>12:00pm</b> Guided Meditation  </p> <p><b>2:00pm</b> Canton Cancer Connect </p> <p><b>5:30pm</b> Ann Amer Brennan Caregiver  </p> <p><b>5:30pm</b> Coping with Cancer  </p> <p><b>5:30pm</b> Gynecologic  </p>	<p><b>8</b></p> <p><b>4:00pm</b> Strength Building  </p> <p><b>5:30pm</b> Lung Cancer  </p> <p><b>6:00pm</b> Prostate Cancer  </p>	<p><b>9</b></p> <p><b>11:00am</b> Chair Yoga – Cancer Wellness Toolbox </p>	<p><b>10</b></p> <p><b>10:00am</b> Chair Yoga  </p>	<p><b>11</b></p>

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9:00am-12:00pm  
*Summer Camp* F ✓  
America's 250th Birthday

9:00am Yoga for  
Balance & Mobility F

10:30am Crystal  
Singing Bowls F

11:00am Just Yarning C

15



9:00am-12:00pm  
*Summer Camp* F ✓  
America's 250th Birthday

4:00pm  
Strength Building F

5:00pm Essential Oils F

16



9:00am-12:00pm  
*Summer Camp* F ✓  
America's 250th Birthday

9:30am Inspiration for  
the Journey

11:00am Chair Yoga –  
Cancer Wellness Toolbox C

4:00pm Color Street F

5:30pm Grief F

17



9:00am-12:00pm  
*Summer Camp* F ✓  
America's 250th Birthday

18

11:00am All Levels Yoga  
F  
12:00pm Guided  
Meditation F

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9:00am Yoga for  
Balance & Mobility F

5:30pm Ann Amer  
Brennan Caregiver F

5:30pm Coping with  
Cancer F

5:30pm Elana's Blessings  
Breast Cancer F

22

4:00pm  
Strength Building F

23

11:00am  
Chair Yoga – Cancer  
Wellness Toolbox C

24

10:00am  
Chair Yoga F

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9:00am Yoga for  
Balance & Mobility F

5:30pm  
Book Club for Adults  
✓

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4:00pm  
Strength Building F

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11:00am  
Chair Yoga – Cancer  
Wellness Toolbox C

31

NOTES

- F Fairlawn
- C Canton
- Virtual
- ✓ Registration Required

# August 2026



Be sure to visit [stewartscaringplace.org](http://stewartscaringplace.org) for pop up programming, community events, and more!


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						<p><b>1</b>  <b>10:00am</b>                      Poetry is Life </p>
<p><b>2</b></p>	<p><b>3</b>  <b>3:00pm</b> Qigong  </p>	<p><b>4</b> </p> <p><b>9:00am-12:00pm</b>  <i>Summer Camp</i>                       The Great Outdoors</p> <hr/> <p><b>9:00am</b> Yoga for Balance &amp; Mobility  </p> <p><b>12:00pm</b> Guided Meditation  </p> <p><b>2:00pm</b> Canton Cancer Connect </p> <p><b>5:30pm</b> Ann Amer Brennan Caregiver  </p> <p><b>5:30pm</b> Coping with Cancer  </p> <p><b>5:30pm</b> Gynecologic  </p>	<p><b>5</b> </p> <p><b>9:00am-12:00pm</b>  <i>Summer Camp</i>                       The Great Outdoors</p> <hr/> <p><b>4:00pm</b>                      Strength Building  </p>	<p><b>6</b> </p> <p><b>9:00am-12:00pm</b>  <i>Summer Camp</i>                       The Great Outdoors</p> <hr/> <p><b>9:30am</b> Inspiration for the Journey </p> <p><b>11:00am</b>                      Chair Yoga – Cancer Wellness Toolbox </p>	<p><b>7</b> </p> <p><b>9:00am-12:00pm</b>  <i>Summer Camp</i>                       The Great Outdoors</p>	<p><b>8</b></p>


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**9:00am** Yoga for Balance & Mobility  



**10:30am** Crystal Singing Bowls 

**11:00am** Just Yarning 


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**11:00am** Chair Yoga – Cancer Wellness Toolbox 

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**10:00am** Chair Yoga  

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**NOTES**

-  Fairlawn
-  Canton
-  Virtual
-  Registration Required



# Stewart's CARING PLACE

CANCER WELLNESS CENTERS

Stewart's Caring Place  
Thomas and Lisa Mandel Cancer Wellness Center  
3501 RIDGE PARK DRIVE • FAIRLAWN, OH 44333

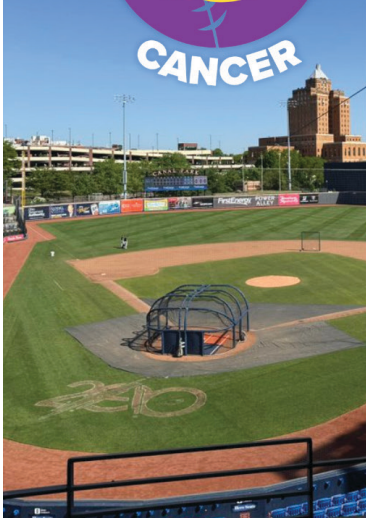
ELECTRONIC SERVICE REQUESTED

VISIT [STEWARTSCARINGPLACE.ORG](http://STEWARTSCARINGPLACE.ORG) FOR MORE INFORMATION.



## Take Me Out to the Ball Game!

Join us for a fun-filled evening of community spirit, baseball, and heartfelt support for **Stewart's Caring Place: Cancer Wellness Centers!** Bring your family and friends to enjoy the festivities while making a difference. Together, we can tell cancer to **Duck Off!**



 **Akron RubberDucks  
vs. Chesapeake Baysox**

 **Thursday, July 9, 2026**

 **6:35pm**  
(Gates open at 5:30pm)

 **7 17 Credit Union Park**  
300 S Main St, Akron, OH 44308



*A portion of ticket sales will benefit Stewart's Caring Place! Scan the QR code to learn more about the event and purchase tickets at a special rate.*

\$17 / Ticket



Stewart's  
CARING PLACE  
CANCER WELLNESS CENTERS